



Heal me, O Lord, and I shall be healed;
save me, and I shall be saved;
for you are my praise.

Jeremiah 17:14

Looking Back . . .

Sunday	Matthew 16:21-28	Jesus Foretells his Death and Resurrection
Monday	Revelation 3: 1-6	The Message to Sardis
Tuesday	Revelation 3:7-13	The Message to Philadelphia
Wednesday	Jeremiah 17: 5-18	Blessed are those who trust in the Lord

Looking Ahead . . .

Thursday	Psalms 119: 33-40	The Glories of God's Law
Friday	Romans 10: 15b-21	Salvation is for All
Saturday	Matthew 23: 29-36	Jesus Denounces the Scribes and Pharisees
Sunday	Matthew 18:15-20	Reproving Another Who Sins



The Cross and Self Denial

Jesus' words of denying ourselves and picking up our cross are frightening and harsh because we don't know what life will look like when we do. It's difficult for any of us to think about only worrying about our neighbor and not about ourselves. But what if in putting ourselves last we put someone in need first and meet them where they are? What if in thinking differently about our finances we ensure that the hungry are fed, the homeless are sheltered and the naked are clothed? Maybe what Jesus is trying to open up to us is the kingdom of God where all live in peace with and for each other? What would it mean for you to change one thing about your life today to reveal the kingdom of God in your neighborhood? Maybe donate your coffee money to Bread for the World or a food bank, or offer a kind word to someone with whom you've experienced conflict. There are many ways large and small that we can follow Jesus to reveal love, grace and mercy not just for ourselves but for us all.

Faith on the Go



We give you thanks for all that we have: our homes, our families, clothing and food. We pray for everyone to have enough and for all people to share what they have. We know that it can be hard to follow you, Jesus, but we ask for courage and strength to share your love with the world. Amen.



How did you share God's love today?
Where do you need help sharing God's love today?



Matthew 16:21-28 - Jesus Foretells his Death and Resurrection

Day 1

Matthew 16:21

Bad news from a close friend. Maybe it's a job loss, or a frightening diagnosis. How do you react? What do you want to say.

Day 2

Matthew 16:22-23

Peter reacts as many of us would when faced with this kind of news. How does Jesus' response make you feel? Does it seem too harsh? What might Jesus be tempted to do in the face of what is coming?

Day 3

Matthew 16:24

From our perspective, we know what Jesus is talking about with language about the cross. Do you think the disciples were confused? Or do you think the image of the cross was enough to make them understand?

Day 4

Matthew 16:25-26

Can you think of a time or situation in life where letting go of something allows you to keep it, but holding on tighter makes it slip away?

Day 5

Matthew 16:27-28

Does this passage comfort you or make you anxious? Does it sound like judgment or grace?



May you know nothing separates you from God's love.