apple a a a	nod nnn
bounce bbb	opera ooo
cut c c c	push ppp
dig d d d	quiet qqq
elbow e e e	run r r r
fan f f f	saw s s s
gallop g g g	talk t t t
hop h h h	upside uuu
itch i i i	volley vvv
jump j j j	wiggle www
kick k k k	x-ray xxx
love l l l	yawn yyy
munch mmm	zigzag zzz

Alphardy Chart by Michelle Yaussy
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