



SESSION 3

LIGHT WHITE

"I am the light of the world. Whoever follows Me will never walk in the darkness, but will have the light of life."

John 8:12

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Session 3 - The Light of Jesus (White)

Objective: By the end of this session, your child will understand that the color white symbolises the purity and light of Jesus, who was born to bring light into a dark world. They will explore how Jesus' birth represents a new beginning, where He covers our sins and makes us as white as snow.

Main Scripture: John 1:1-9; Isaiah 1:18

Focus of the Christmas Story: The Birth of Jesus as the Light of the World.

Memory Verse: "I am the light of the world. Whoever follows Me will never walk in the darkness, but will have the light of life." John 8:12

Main Points:

Introduction: Start with a quick recap of Mary and Joseph's journey to Bethlehem. Ask your child questions like, "What do you remember about their journey? How do you think they felt when they finally found the stable?" Encourage them to put themselves in the shoes of Mary and Joseph.

After this brief recap, introduce today's focus: "Today, we're going to learn about how Jesus' birth brought light into the world! When we think about light, what color comes to mind?" Let them respond. Then explain that white is often seen as a color of purity, light, and new beginnings.

Ask: "What are some white things we see around Christmas?" (Snow, angels, stars on the tree.) Use these answers to introduce today's lesson about Jesus, the Light of the World.

Bible reading: Read John 1:1-9 together. This passage explains that Jesus is the Word made flesh and the light that shines in the darkness. Discuss with your child how Jesus existed from the very beginning, just like we learned in the first session. When He was born, He brought light into a world that was full of darkness—where people didn't know God fully, and sin was everywhere.

Explain that Jesus' birth was like a bright light shining in a dark room. Just like how a light helps us see when it's dark, Jesus helps us see the truth about God and how much He loves us. He shows us the way to live a life that is pure and pleasing to God.

Jesus makes us clean: Gather the children and ask, "What are some things we do that are wrong, like lying or cheating?" As they call out sins, write them on the whiteboard with a dark marker. Explain, "These sins leave marks on our hearts, just like these marks on the board."

Hold up a clean white object and ask, "Which reminds you of Jesus' purity—this clean object or the messy board?"

Explain that Jesus is pure and without sin. Now, using a cloth or eraser, wipe away all the sins from the board. Say, "When we ask Jesus to forgive us, He wipes away all our sins, just like this." Read Isaiah 1:18: "Though your sins are like scarlet, they shall be as white as snow."

Light and Mirror Activity: Turn off the lights or dim the room. Turn on a flashlight and say, "Jesus' life and teachings are like this flashlight. He shows us how to live and what is true, just like this light helps us see in the dark." Move the flashlight around the room to demonstrate how light reveals things we might not see otherwise.

Next, hold up a mirror and shine the flashlight onto it. The light will reflect off the mirror and onto the walls. Say, "We are called to be like this mirror. Just as the mirror reflects the light, we should reflect Jesus' light and love into the world around us. When we follow Him, His light shines through us to help others see the way too."

Encourage the children to think about how they can reflect Jesus' light—by being kind, helping others, or sharing God's love.

Application: Help your child understand that whenever they see something white—like snow, stars, or even a white Christmas decoration—they can remember that Jesus is the light of the world. Encourage them to think about how they can let Jesus' light shine in their lives, and how they can live in a way that reflects His holiness.





Before Jesus went back to heaven, He told His followers to keep shining His light.

He said, "You are the light of the world. A city built on a hill cannot be hidden."

Jesus wants us to shine His light in everything we do.

Just like a mirror reflects light. When we follow Jesus and do what He teaches, we reflect His light to others.

When we follow Jesus and let His love guide us, His light shines through us.

By living for Jesus, others will see His light in our lives and be drawn to know Him more.



THE LIGHT OF JESUS

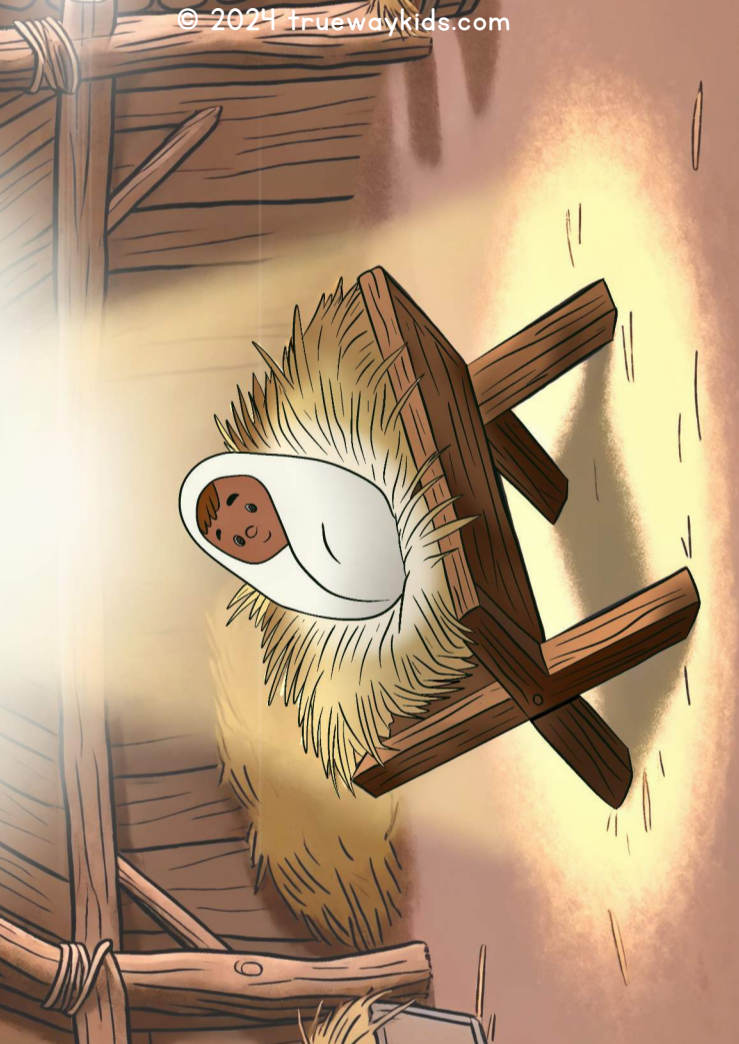
Before Jesus was born, God gave His people a special message through a man named Isaiah.

Isaiah said, "The people walking in darkness have seen a great light."

This was a promise that God would send a bright light to help and save His people.

The color white reminds us of this light, which would break through the darkness of sin and bring hope to the world.

When Jesus was born in Bethlehem, it wasn't just any baby being born—it was the coming of the Light of the World!



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The Bible tells us, "In the beginning was the Word, and the Word was with God, and the Word was God... In Him was life, and that life was the light of all people. The light shines in the darkness, and the darkness has not overcome it."

Jesus is that true Light, sent to show everyone the way to God.

On the night Jesus was born, a bright star appeared in the sky to guide the wise men, and angels shone their light to lead the shepherds.

But the real light was Jesus, who came to get rid of the darkness of sin and show God's love to everyone.



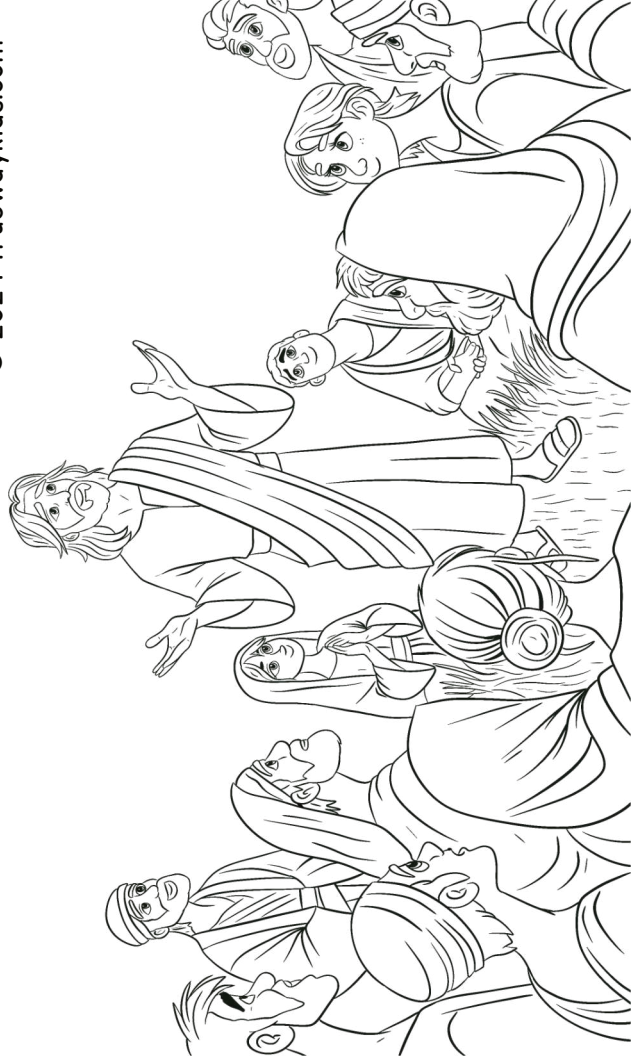
As Jesus grew up and began His work, He brought light to people living in spiritual darkness.

One day, He met a man who had been blind his whole life. Jesus said, "While I am in the world, I am the light of the world."

Then, He healed the man, and for the first time, the man could see!

This miracle showed that Jesus doesn't just help people physically, He also helps us understand God and His love.

Jesus' life is like a bright white light, showing us the way to live in a way that makes God happy.



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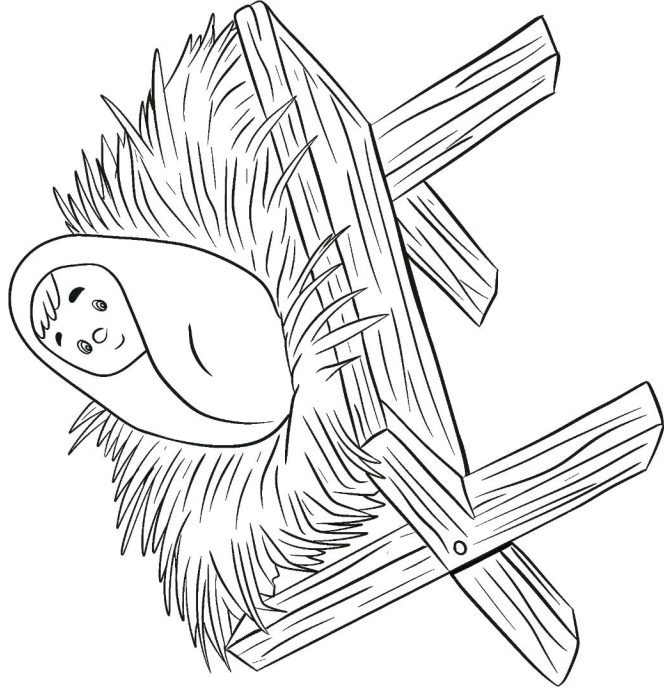
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GROUP GAMES

SHADOW CHARADES

Objective: To have fun with shadows while reinforcing the idea that Jesus is the light that reveals the truth.

Materials Needed:

A large white sheet or screen

A bright light source (flashlight or lamp)

Instructions:

1. Set up the white sheet or screen in a darkened room, with the light source placed behind it to cast shadows.
2. One child at a time stands behind the sheet and acts out an action or pretends to be an object from a list.
3. The other children sit on the opposite side of the sheet and try to guess what the child is acting out, based only on the shadow they see.

Reflect: After the game, talk about how the shadow only shows part of the picture, but light reveals the full truth. Discuss how Jesus is the light that helps us see the truth and understand God's love and plan for us.

GUESS THE CHRISTMAS OBJECT

Objective: To reinforce the idea that Jesus came to bring light and help us see clearly, just as we need light to identify objects.

Materials Needed:

A pillowcase or opaque bag.

Various Christmas-related objects (e.g., a small ornament, a pinecone, a candy cane, etc)

Instructions:

1. Place one Christmas object at a time inside the pillowcase or bag without letting the children see it.
2. Have the children take turns feeling the object through the pillowcase or bag and guessing what it is.
3. After everyone has guessed, reveal the object to the group.
4. Repeat with different objects until all have been guessed.

Reflect: After the game, talk about how it was hard to guess the objects without seeing them, but once they were revealed, it became clear. Relate this to how Jesus, as the Light of the World, helps us see and understand things more clearly in life, bringing light to the darkness.



BIBLE MEMORY VERSE

Key Bible Verse: John 8:12

Memory Verse: "I am the light of the world. Whoever follows Me will never walk in the darkness, but will have the light of life."

Activity: "Light the Words" Memory Verse Challenge

1. Split up John 8:12 on separate pieces of white paper.
2. Tape the papers in various locations around the room (walls, furniture, floor).
3. Dim the lights or turn them off completely to create a dark room.
4. Give a child or team a flashlight.
5. The children take turns using the flashlight to "find the word" by shining it on each word in the correct order of the verse.
6. As they find each word, they say it out loud, continuing until the full verse is spoken.
7. Repeat the activity until everyone has a turn or until the children can say the verse from memory.



MEMORY VERSE CARDS



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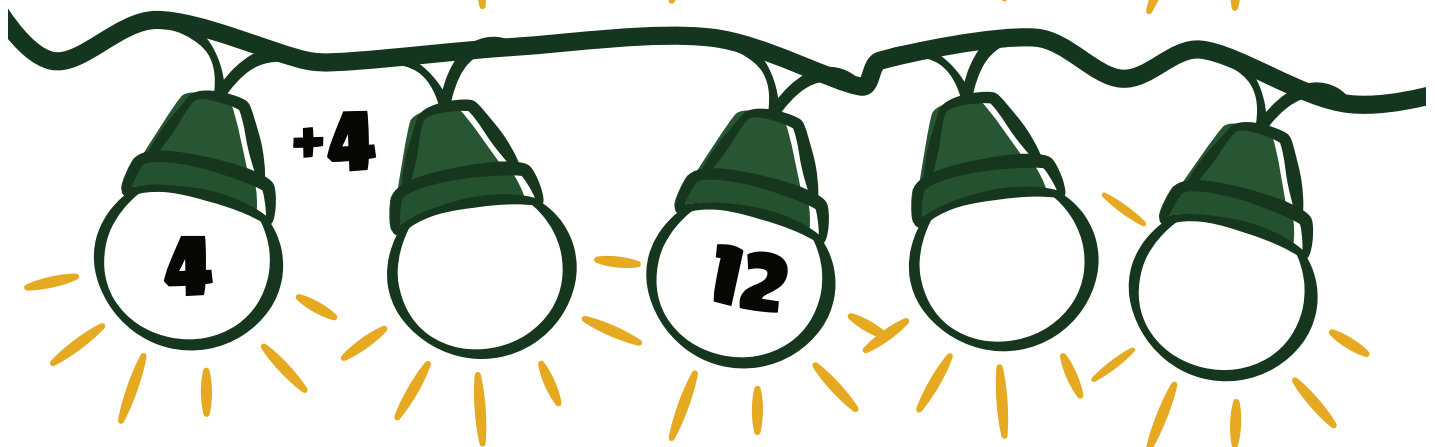
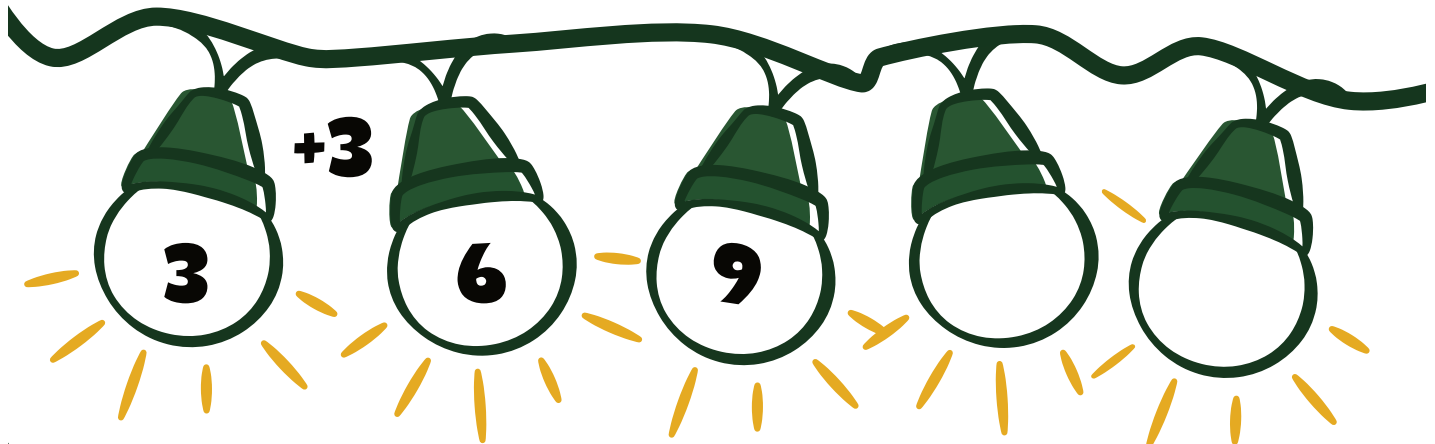
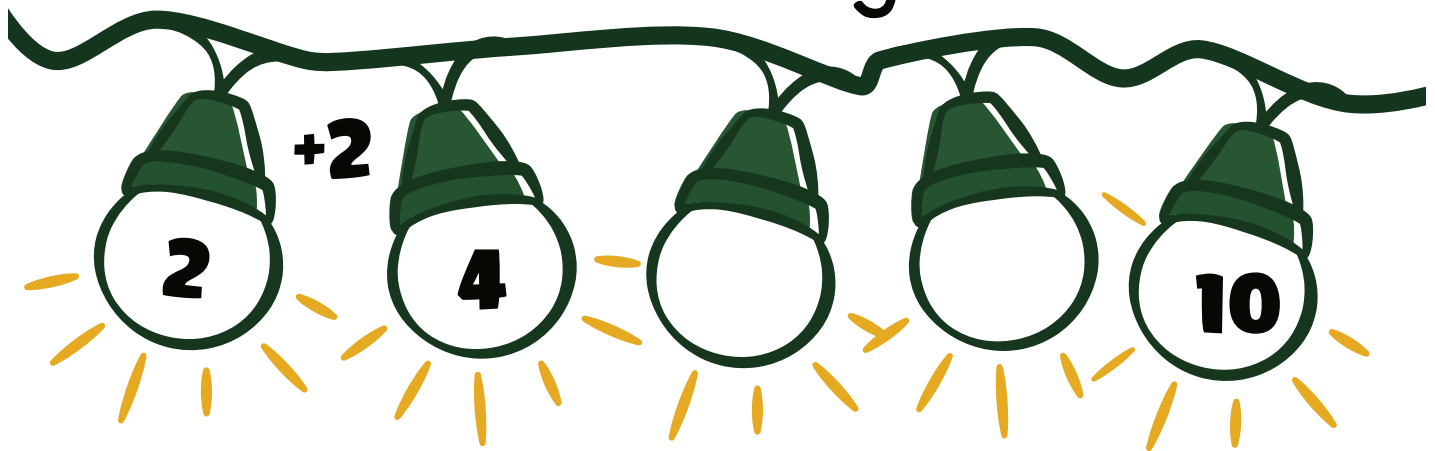
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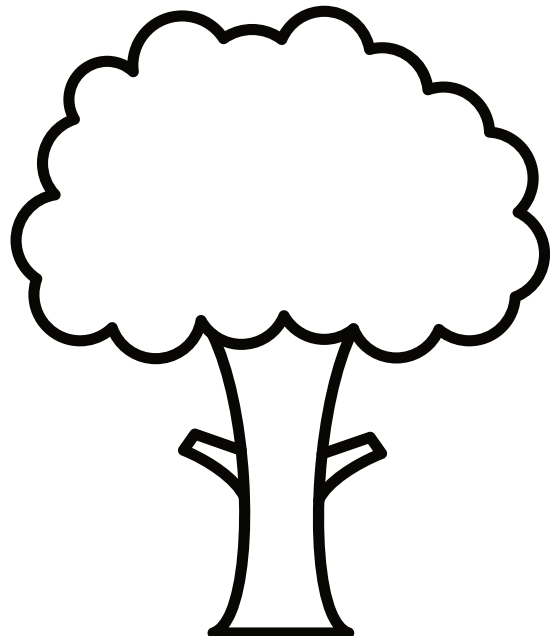
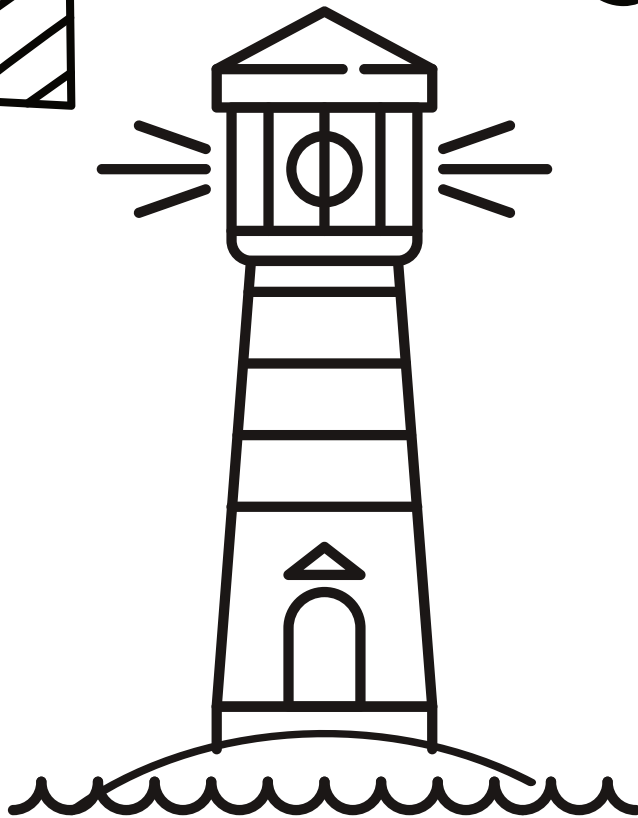
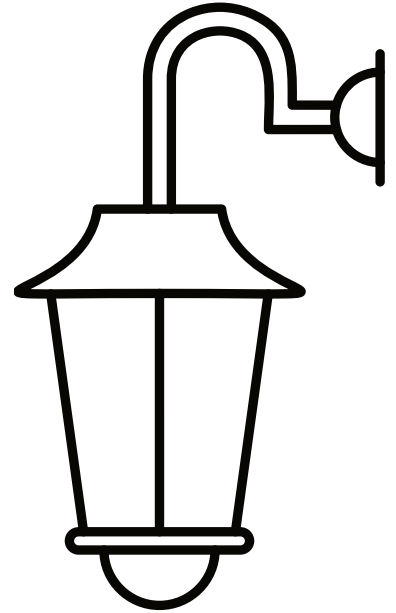
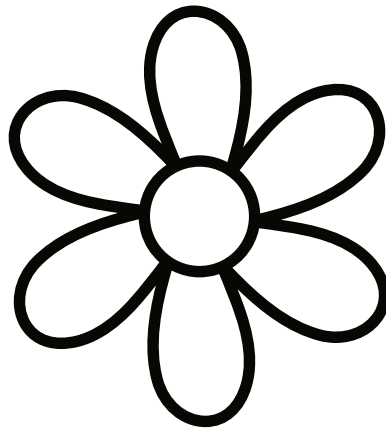
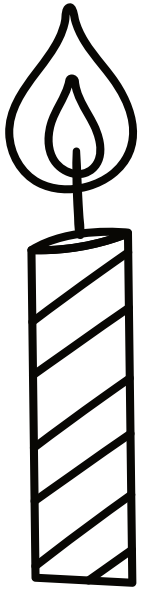
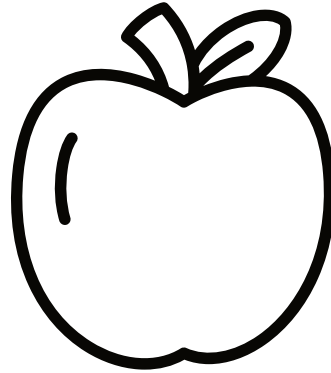
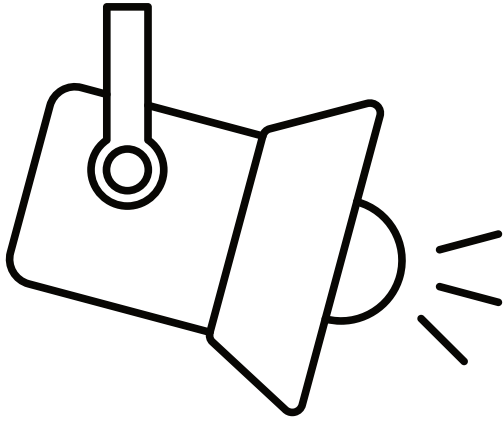
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Fill in the missing numbers



Color all the items that give light



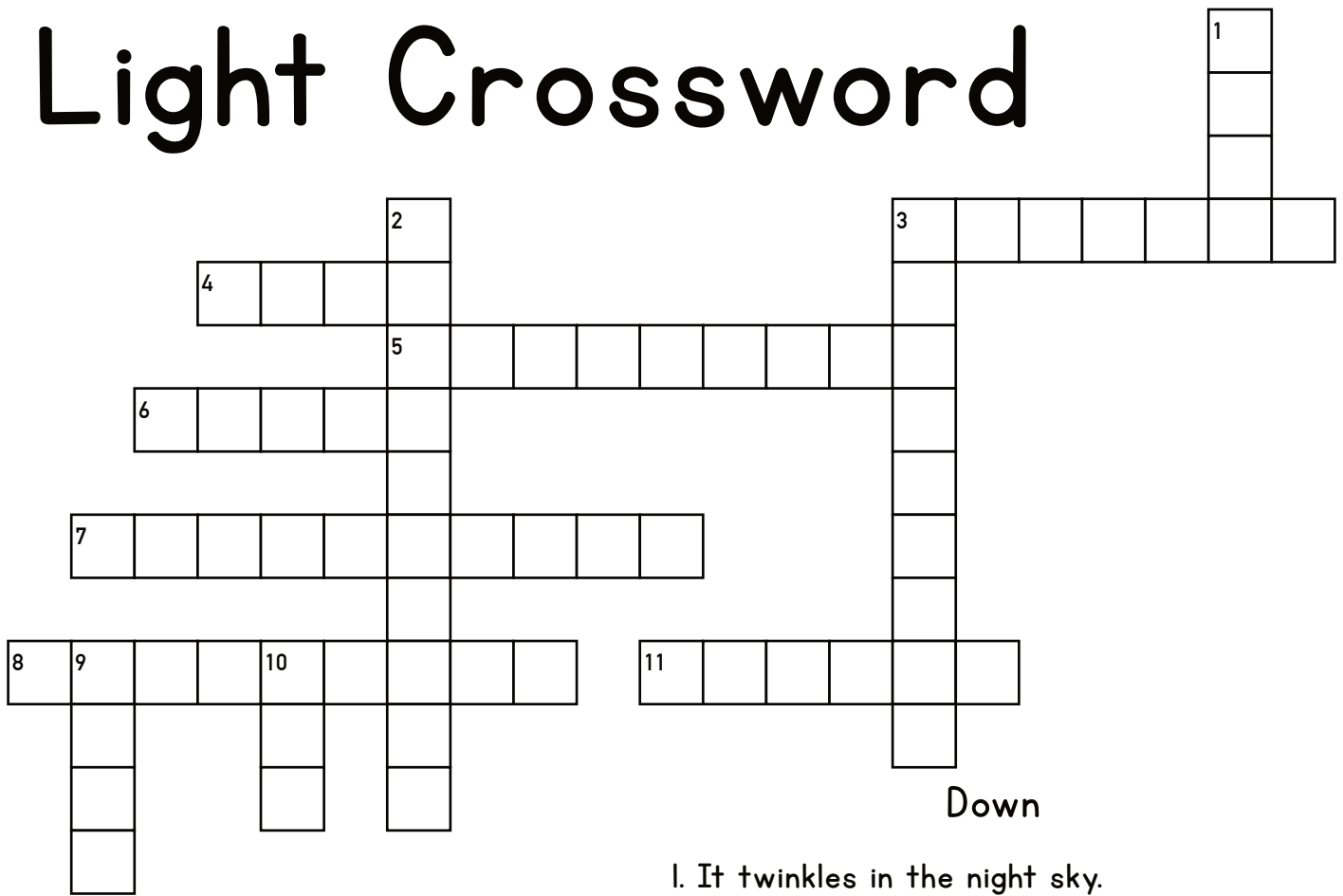
Cut and glue

Light

Dark



Light Crossword



Across

3. Often used when camping.
4. It burns and gives off both light and heat.
5. A quick flash of light in the sky during a storm.
6. You can also text off this
7. Found on the front of cars.
8. This colorful, bendable stick shines.
11. It flickers and glows, often used for a birthday.

Down

1. It twinkles in the night sky.
2. This shows your favourite shows and gives off light.
3. Invented by Thomas Edison.
9. Sits next to your bed to read at night.
10. The brightest light in the sky during the day.



Light of the World Lantern

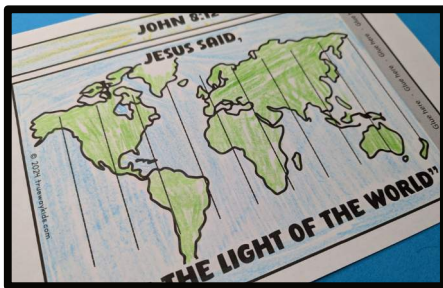
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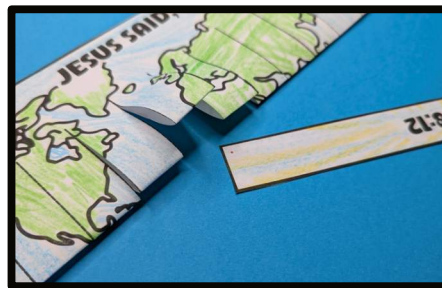
What you need:

Template page,
Coloring equipment,
Scissors,
Glue.

What to do:



Color the template page and cut out the parts.



Fold the large section in half.

Cut on the dash line only.



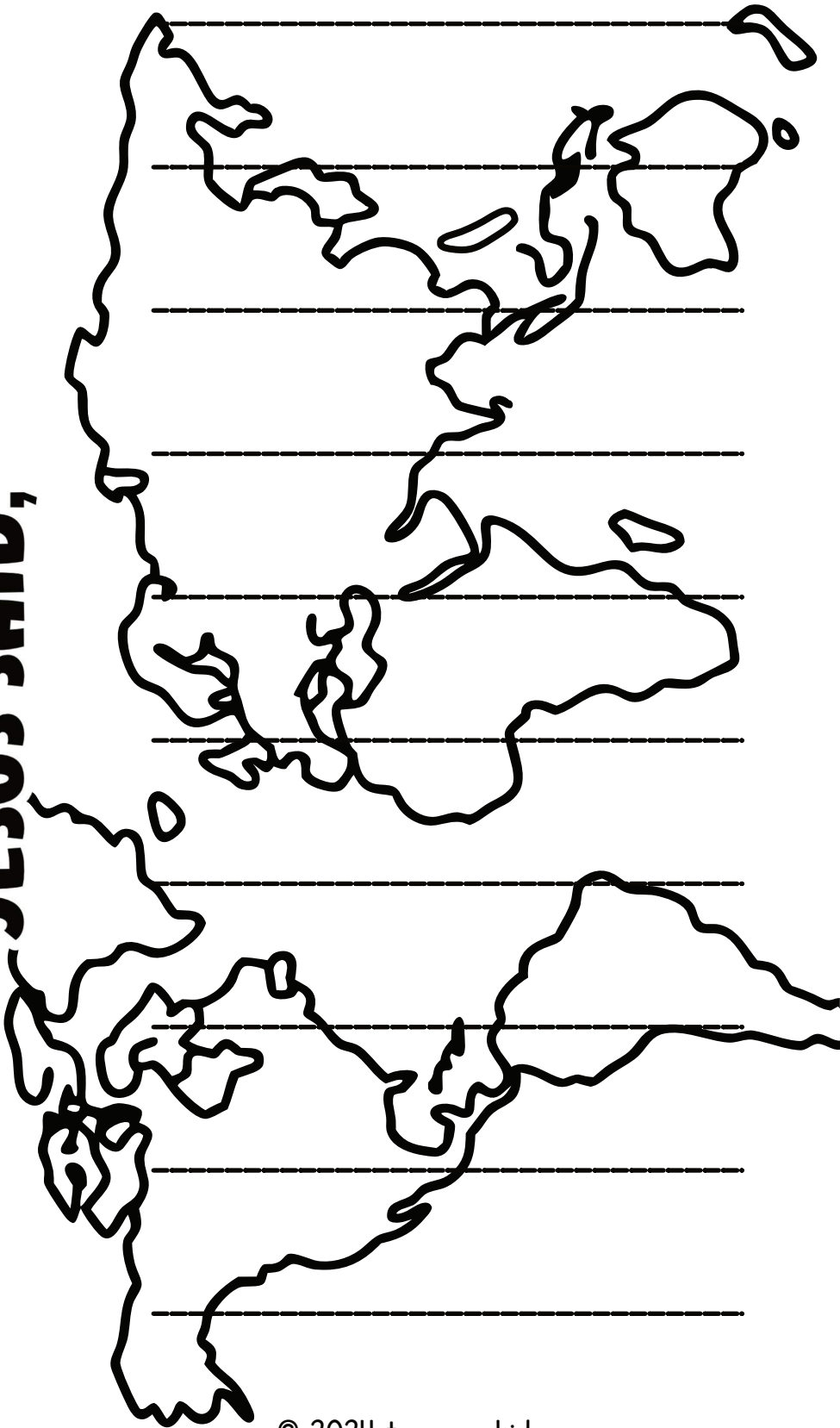
Glue large section where shown to make the lantern shape.

Glue on the handle.



JOHN 8:12

JESUS SAID,



“I AM THE LIGHT OF THE WORLD”

Glue here - Glue here - Glue here - Glue here - Glue here - Glue here - Glue here

White as Snow Paper Snowflake Collage

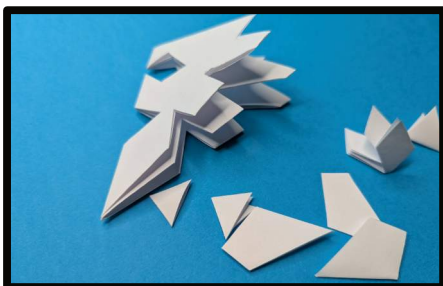
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What you need:

- White paper in squares (for snowflakes)
- Dark red construction paper (for the background)
- Scissors
- Glue sticks
- Markers or pens
- Printed or written verse: Isaiah 1:18

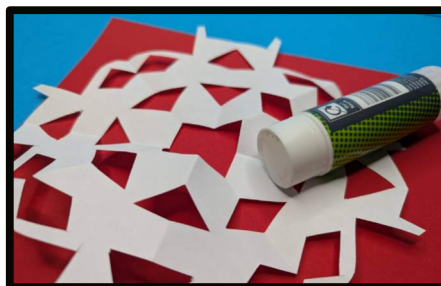
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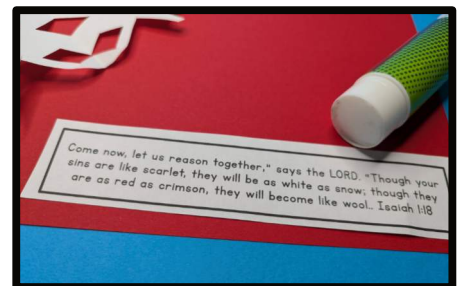
Start by folding the paper in half diagonally to form a triangle. Then fold the triangle in half again.

Children carefully cut small shapes from the folded edges of the paper.

Unfold for snowflake.



Repeat and glue snowflakes to red paper.



At the bottom or top of the collage, either print out or write in large letters: Isaiah 1:18 - "Though your sins are like scarlet, they shall be as white as snow."



Come now, let us reason together," says the LORD. "Though your sins are like scarlet, they will be as white as snow; though they are as red as crimson, they will become like wool. Isaiah 1:18

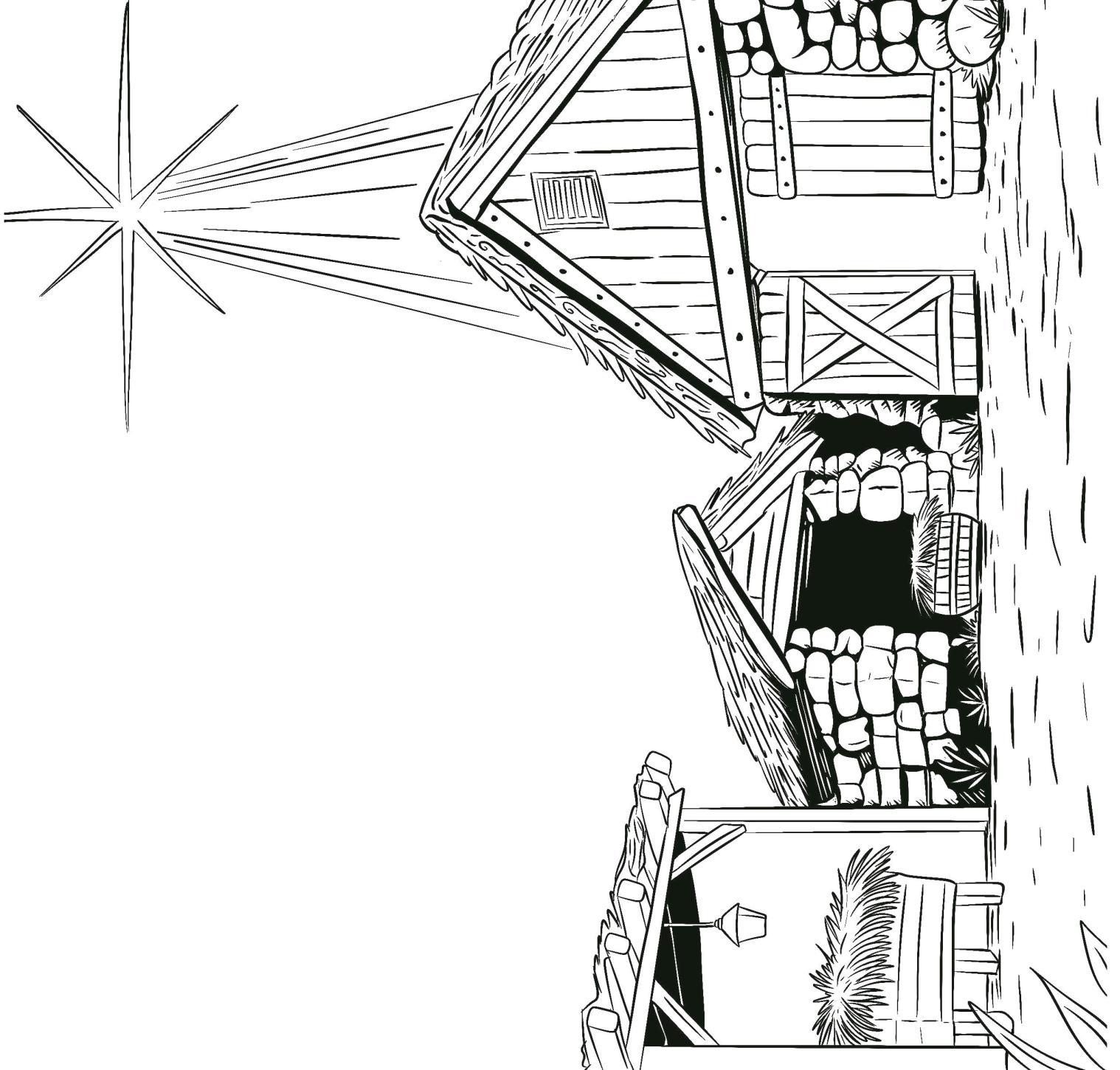
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WORSHIP TIME

Recommend worship songs. Not produced by Trueway Kids. YouTube Videos to be used for personal use only.

Story video: White - The Light of Jesus

<https://youtu.be/YjOqNN3qcGs>

This little light of mine

<https://youtu.be/YO4Y4WqTtWk>

God Sees My Heart

https://youtu.be/2F_S0u7YDx0



PRAYER TIME

Dear God,

Thank You for sending Jesus to be the light in the darkness.

Thank You for His purity and for making us pure when we ask for forgiveness.

Help us to live in a way that shines Your light and reflects Your love

In Jesus' name, Amen.

NEXT SESSION

Blue - Peaceful

If you haven't already done so, sign up to receive future lesson by email.

truewaykids.com/subscribe/



